



SURABI CHARITABLE TRUST

Passion to serve



ANNUAL REPORT
2023

Loal boys excel in taekwondo contest



By Our Staff Reporter

R. Karthick, R. Vinodh and R. Anilkumar (inmates of Surabi Trust, 17th Main Road, Anna Nagar) won the 1st, 2nd and 3rd prizes respectively in the City-level Taekwondo Tournament conducted by Taekwondo Martial Defence Club (Tondiarpet) on Jan.25.

They are Std. 9 students in a private school in Villivakkam. Seventy students from several schools in the city participated in the competition. The Trust takes care of orphaned boys. Its contact number is 98411 86432.

விடியுக்கிழமை 26.10.2023



மைத்ரேயி "பெண் கல்வி ஊக்குவிப்பு திட்டம்" தீபாவளி புத்தாடைகள் வழங்கும் விழா

அரியலூர் மாவட்டத்தில் பல்வேறு கிராமங்களில், அரசு பள்ளியில் பயிலும், நன்கு படிக்கக்கூடிய பொருளாதாரத்தில் பின்தங்கியிருப்பவர்களை செல்வங்களை தேர்வு செய்து, எண்ணங்களின் சங்கமம் நிறுவனம் ஜெ.பி. ஜயா அவர்களின் வழிகாட்டுதலின் படி,

"பெண் கல்வி ஊக்குவிப்பு திட்டம்" கர்பி தொண்டு நிறுவனம் இன்று தீபாவளி புத்தாடைகள் வழங்கப்பட்டது. இந்த மானவிகிதங்கள் ஆண்டு ரோதும், ஸ்கூல் பேக் நோட்டு புத்தகம், போன்ற கல்வி

உபகரணங்கள், ஊட்டச்சத்துக்கள் நிறைந்த உணவுகள், ஆலிபென்வம் இலவசமாக வழங்கப்படுகிறது. ஒவ்வொரு குழந்தைகளுக்கும் வழிகாட்டும் மைத்ரேயி இலக்குகளை... இந்த மானவிகிதங்கள் கல்வி ரீதியாக வரை அனைத்து செல்வங்களும் கர்பி அறக்கட்டளை ஏற்றுக்கொள்கிறது... இவ்விழாவின் எண்ணங்களின் சங்கமம் அரியலூர் மாவட்டம் ஒருங்கிணைப்பாளன் SWEET TRUST BOYS நிறுவன குமாரன் இனவரசன் ஏற்பாடு செய்தார்...

Ten LPG iron boxes gifted



By Our Staff Reporter LPG powered iron boxes Under the Ishtiri Project, ten inmates in Mullai Nagar Surabi Trust (163/21, Millen (Anna Nagar) on Feb. 5. Kalaimathi (Retired Professor, 7th Avenue, Anna Nagar, Madras Veterinary College), an NGO working for (Jey, Vepery), a philanthro- the welfare of needy, gifted, sponsored the cost.

Photo shows a beneficiary receiving an iron box from D. Radhakrishnamurthy (Trustee, Surabi Trust) and Kalaimathi. The contact number of the trust is 98411 86432.

MOMENTS AT HEART

Muskaan.Ahmed@timesgroup.com

It is known that a mother's love knows no boundaries and exceeds all expectations. While caring for and loving one's own blood is a natural feeling, looking after someone knowing they may never meet again is rare. This Mother's Day we speak to three Chennai women, mothers to the hopeless, the homeless and the helpless

USASIKALA

The anganwadi mother

USASIKALA's world had turned upside down in 1996, when her husband died in an accident. Having three months to feed, she took to herself to make a living and joined an anganwadi (a government day care centre) in Tondiarpet. Filling in occasionally for caretakers going on maternity leave, Sasikala slowly made space for herself and found a permanent spot in the anganwadi and in the hearts of several children.

"The children who come here are sometimes left alone at home when their parents leave for work. We ensure that they learn when they are here and eat nutritious food. There is no cooperation from the parent's side to improve the child's overall well-being. We take on the role of parents," says Sasikala, who has completed 27 years at the anganwadi.

Sasikala and the other 'mothers' at the centre make an extra effort to look after the children, whose parents are daily wageers or from low-income backgrounds. "We receive food throughout the week for the children. But sometimes, during the weekends, the food is just not enough. So, we pool in our money and buy them food. We might go hungry, but I can't bear it if these children don't. Their lives are hard, we want to help in whatever way we can," says the 50-year-old. "I consider these children my own. I want them to study, become successful people, and reach great heights. Just seeing that will make me feel my purpose is achieved."

There have been tough days, says Sasikala. "Once, we received information about a fire having broken out in a nearby anganwadi. We rushed there, the kids and brought them here. After pacifying the frightened children, we gave them first-aid and food. The fire broke out when a woman rushed in saying she worked as a sweeper nearby and one of her children was at the anganwadi. The fire broke out. Seeing her child safe, she burst into tears, held my hand, and cried that if we hadn't rescued the children, her son would not be alive. Her words, her blessings, are like an inextinguishable fire in me to continue serving and caring for kids."

T THENKARTHIKA

The shelter mother

Her tired feet and restless eyes scoured the crowd for the face she had longed to find. Her husband, who she had married in 1980, had died in an accident. She was left with three children and a 1.5-acre plot in Gurnur, Chennai looking for him. Exhausted and dejected from her futile attempt to find her husband, the woman admitted herself to Surabi Shelter for Women, Perambur.

Little did T Thenkathika know that she was about to take the place of a mother in the woman's life. "The first few days of her being in the home was chaotic. She would argue with everybody," says Thenkathika. The woman was mentally disturbed, which made her behaviour erratic and irrational. It was clear she needed psychiatric intervention. "She wanted to find her husband who had abandoned her. She would constantly ask to speak to the commissioner about her missing husband," says the 35-year-old who works as a counsellor and shelter coordinator at the home.

Realising that all the women wanted was to feel loved, Thenkathika began spending more time with her. "I would talk to her for hours and check on her while she slept in case she needed anything. I also had to make sure she took her psychiatric medication after dinner. She would have cravings and I would get her whatever she craved. We began to bond."

"Thenkathika has looked after more than 250 women in the last one and a half years. "Sometimes they stay, sometimes they leave. But for as long as they are here, I take care of them. Just want them to be happy and well and that's enough for me."

SARANYA A

The caregiver mother

For years, Saranya A was leading a life of contentment as a ward nurse in a private hospital. However, she felt something was lacking. She loved children and wanted to do something in paediatrics but never had the chance to explore the field.

"It was an ill-fated appendix that changed my life," says Saranya. "I underwent an appendectomy in 2000 and was on bed rest. Around that time, I decided I wanted to quit being a ward nurse as it couldn't bring me joy anymore. I was always engaged and been passionate about working with kids when a friend of mine told me about the children's palliative centre. I immediately applied," says Saranya, who now works as a nurse at Golden Butterflies Children Palliative Care Foundation in T. Nagar.

Working with kids who know they might or might not walk out through the hospital doors is a burden Saranya carries with her every day working with kids when a friend of mine told me about the children's palliative centre. I immediately applied," says Saranya, who now works as a nurse at Golden Butterflies Children Palliative Care Foundation in T. Nagar.

Saranya says her first case as a palliative care nurse was that of a little girl diagnosed with retinoblastoma and had worms in her eyes. "Her parents called us because she was crying in pain. I went there forcing myself to soothe her through enough pain because of the treatment. During the intrathecal chemotherapy you can hear children crying in pain. It motivates me to bring some joy to their lives."

Saranya says her first case as a palliative care nurse was that of a little girl diagnosed with retinoblastoma and had worms in her eyes. "Her parents called us because she was crying in pain. I went there forcing myself to soothe her through enough pain because of the treatment. During the intrathecal chemotherapy you can hear children crying in pain. It motivates me to bring some joy to their lives."

Volunteers needed to help girl students in rural schools

By Our Staff Reporter

Surabi Trust (22/10, 1st Floor, Kumarasamy Nagar, Villivakkam), has appealed for volunteers to help the education of girl students of Government Schools in the outskirts of Chennai.

The service is to coordinate with each student, her family members and the school to ensure that her studies are not affected due to domestic or other financial constraint.

D. Radhakrishnamurthy (Trustee) told Anna Nagar (Times) that the mentors need

not spend money and expenses related to mentoring and the child's education needs will be borne by the NGO.

He said that at present 60 mentors are rendering such service and there is need for 20 more.

Those interested in extending their voluntary services for the project can contact Radhakrishnamurthy in 98411 86432.

Picture shows a member of the Trust distributing school bags to girl students in a Government School last week.

Books, mentors and a headstart



How this non-profit helps educate and empower girl children in rural Tamil Nadu

Muskaan.Ahmed@timesgroup.com

For 12-year-old Monisha A. from Nerinjikkoral in Ariyalur, studying means more than just educating herself. It is her chance to empower herself and her family. "As much as I enjoy studying, I am very fond of drawing and sketching. I want to grow up and learn all I can about it," she says.

Empowering the lives of girl children from rural areas, Chennai-based non-profit Surabi Charitable Trust's education programme, Maithreyi, has enrolled more than 120 girls like Monisha from across districts such as Kallakurichi, Ariyalur, Tiruvallur, Thiruvallur, Dharmapuri and Cuddalore.

Through the education programme, students studying in government schools in classes VI and VII across several rural areas are selected and guided free of cost by rural coordinators and female urban mentors. "Many students in rural areas stop studying after they reach class VI because their families can no longer afford their education. To ensure girls continue studying, we began this intervention in 2021 and help them academically. We also ensure they are provided with the right nutrition," says Radhakrishnamurthy D, founder of Surabi Charitable Trust.

As a part of the programme, each child is assigned a mentor from urban areas who guides, motivates and helps the child both academically and emotionally. Radhakrishnamurthy says, "Through this mentoring, the child feels heard and understood. Since this is done one-on-one, the mentor can gauge the learning pattern of the child and curate studying material accordingly. We have seen mentors who form a bond with the child and go out of their way to help them, either academically or financially. It is heartwarming to see their passion in ensuring the child's well-being."

He says people apply to be mentors to the organisation and connect them to suitable children. To ensure the safety of these children, Surabi has security protocol to be followed by the mentor. "Calls, mails, couriers, and meetings are all supervised to make sure no one misuses the programme and takes advantage of these children," he says.

Kalaiselvi L., who works at a photocopy shop in Chennai, has been mentoring five students from different districts. "I got into the mentorship programme through a donation. After I made the donation, they asked me if I wanted to be a part of the mentorship programme and I immediately said yes. Just seeing their eyes in their studies and do well makes me happy and it is gratifying. I can see myself doing this for a long time," says the 34-year-old.

Radhakrishnamurthy says they plan to extend operations to other rural villages in Tamil Nadu to ensure every girl child claims her right to education and well-being.

Email your feedback with name and address to southpole.toi@timesgroup.com

சுரபி தொண்டு நிறுவனத்தின் மைத்ரேயி "பெண் கல்வி ஊக்குவிப்பு திட்டம்" நிகழ்ச்சி



தமிழ்நாடு, ஜூன்.26 தர்மபுரி மாவட்டம் கர்பி தொண்டு நிறுவனம் நடத்தும், NDSOV4 புரஸ்ட் இணைந்து சனிக்கிழமை, நல்லம்பள்ளி, சீட்ஸ் பம்பிற்சியைமையில், சுரபி தொண்டு நிறுவனத்தின் மைத்ரேயி "பெண் கல்வி ஊக்குவிப்பு திட்டம்" நிகழ்ச்சியில் ஏழ்மை நிலையில் உள்ள, 32 மாணவிகளுக்கு தலா ரூபாய் 1500/- மதிப்புள்ள ஆடைகள் (சுயதார), ஸ்கூல் பேக், டிபன் பாக்கல்,

சத்துமாவ, வாட்டர் கேன், பெட்டி, நோட்டு புத்தகம் உள்ளிட்ட உபகரணங்கள் வழங்கப்பட்டது. இந்த நிகழ்ச்சியில் வெ.பிரகாஷ், நிறுவன தலைவர், ஸ்ரீவேந்திரன் ஆற்றினார், சீட்ஸ் பம்பிற்சியைமையில் உயக்குளர் தலைமை தாங்கினார், நிகழ்ச்சியின் சிறப்பு விருந்தினராக பொம்பிடி முருகேசன், எழுத்தாளர், மற்றும் ஆசிரியர் செனத்திரபாண்டியன் பட்டிமன்ற பேச்சாளர், பெண் கல்வி குறித்து சிறப்புரை

ஆற்றினார், சுரபி தொண்டு நிறுவனம் இராதாகிருஷ்ணன், சுரபி அறக்கட்டளை பெண் கல்வி ஊக்குவிப்பு குறித்து விளக்கினார், மற்றும் புரோசேதமன், தமிழ்மேல்வி, கார்த்திகமன், அம்பிகாபதிஸ்வாமின் தமிழ்செல்வன் மை தருமபுரி, ஆகியோர் சிறப்பு அழைப்பாளர்களாக கலந்து கொண்டனர், விழையுமாபர் நிகழ்ச்சியில் கலந்துக் கொண்ட மாணவர்களுக்கும், பெற்றோர்களுக்கும் நன்றி தெரிவித்தார்.

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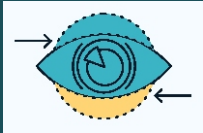
Livelihood

Livelihood

Financials & Supporters

Women Empowerment & New Initiatives

OUR VISION AND MISSION



Work as a catalyst in bringing sustainable change in the lives of under privileged children, to provide quality education, better medical facilities and nutrition food to the under privileged sections of the society and help women to achieve economic independence.



Providing better education opportunities to the destitute children, nurturing them into responsible citizens of nation, cater good nutrition, innovative health care to the underprivileged, empowering women.



**We Rise by lifting Others When you help others,
your life starts to have meaning and purpose.**

MESSAGE FROM THE FOUNDER

datavyam iti yad danam diyate 'nupakarine
deshe kale cha patre cha tad danam sattvikam
smritam - Bhagad Gita



Charity given to a worthy person simply because it is right to give without consideration of anything in return at the proper time and in the proper place is stated to be in the mode of goodness.

D. Radhakrishnamurthy - Founder & Managing Trustee

Whenever the world has faced a crisis, examples of humanity, of people going the extra mile to help others, have helped us survive, given us hope and helped us move ahead in life. The pandemic pushed us all to the edge. As individuals, as countries, as a people, we struggled to come to terms with this change that overturned every aspect of our lives.

And while it brought misery and hardships the courage and resilience shone brightly through to evade the darkest of moments the pandemic affected everyone, but those who were already on the bottom of the socio-economic pyramid were pushed further away from the mainstream.

We the trustees, staff at Surabi charitable trust have taken immense efforts in serving the needy people during the pandemic. All our Surabi service programs are designed to reach the real needy people. With the Almighty support and blessings we are able to dedicate ourselves as "Passion to Serve"

TRUSTEES



S. VENKATESAN
Co-Founder



K. PURUSHOTHAMA REDDY
Trustee



B. BHANUPRAKASH
Trustee



S. L. RAVI SHARMA
Trustee

EDUCATION

Education brings redemption from poverty and exclusiveness, increasing the scope of employment, understanding on a range of issues, and awareness of one's basic rights and responsibilities.

MAITHREYI

NEED

Discrimination against girls in India has been going on since ages. Even today there are several sections of the Indian society where the girl child is treated as a burden. While several privileges are given to the boys, girls are often restricted to the confines of house and given very little or no opportunities to learn and grow in life. It is a matter of great shame that cases of female infanticide are still reported.

MAITHREYI is an academic support program to young rural girls studying in 6th and 7th standards. The objective of this program is to support the girl academically and financially till her graduation. Each girl is connected with a female MENTOR from Urban area to guide and support the girl to complete her graduation without making her to drop from mainstream education. SURABI CHARITABLE TRUST acts as a bridge between the Mentors and Beneficiary rural girls and monitors the program. All the financial support for the program is been organized by SURABI CHARITABLE TRUST by raising donations. The conditions to enrol the girls under this program is that, the girl should be studying 6th or 7th std in a government school in rural areas of Tamilnadu and the girl's parents should be engaged in agriculture related activities for their livelihood.

HIGHLIGHTS IN 2023



IMPACT - 2023
117 Girls
Benefitted

HEALTH CARE

Poor pregnant Mothers in deprived areas, on low incomes, younger mothers and those with lower educational attainment are less likely to take the recommended nutritional supplements before and during pregnancy or to have a healthy diet. SURABI CHARITABLE TRUST is supplementing 14 pulse ingredient powder to pregnant women by manufacturing. This Nutrition powder is been distributed from 2nd month of pregnancy till the new child is born.

HEALTHY MOTHER

NEED

Poor nutrition during pregnancy is a major public health problem in India and other countries. There is compelling evidence from epidemiologic studies that poor nutrition during pregnancy, in the form of insufficient intake, low protein or deficiencies in micro nutrients is associated with poor developmental outcomes in children including lower cognitive functioning, deficits in attention and disruptive behavior problems.



THE FOLLOWING PROBLEMS ARE RESOLVED BY HEALTHY MOTHER NUTRITION PROGRAM.

Intra Uterine Growth Retardation of the child (IUGC) and low birth weights are usually associated with the maternal malnutrition which can increase the chances of disorderliness of circulatory, digestive, nervous and respiratory systems of the foetus.

Perinatal mortality or the death of an infant within seven days of birth happens when the Birth weight is significantly low

Still birth

Under development of some organs

Brain damage

Premature birth

IMPACT - 2023

2059 Mothers Benefitted

LIVELIHOOD

The Vision envisaged in the constitution of India of a happy, healthy, joyful and literate childhood seems to be distant dream in the contemporary status of children in India

BRINDAVAN - CHILDREN HOME

NEED

THE MAJOR CAUSES FOR A CHILD BECOMING DESTITUTE

1. Broken families
2. AIDS Victim parents
3. Extremely poor and helpless single parent or both parents
4. Parent(s) died of illness other than AIDS
5. Insurgency problems
6. Parent(s) died either in an accident or committed suicide
7. Abandoned by parents.

THE PRESENT FACILITIES TO CHILDREN @ BRINDAVAN

Emotional acceptance of the child.
Facility for regular education.
Facilities to learn craft and skill development.
Food and Accommodation for all the children.
Recreational programs.
Health care for all children.
Vacation out station Trips
Local Excursions.
Sports & Extra- Curricular Activities.

HIGHLIGHTS IN 2023



IMPACT - 2023

8 DESTITUTE CHILDREN

LIVELIHOOD

SURABI CHARITABLE TRUST in associating with Greater Chennai Corporation is functioning one women shelter for destitute women at Periyamet in Zone-5 of Chennai and a special shelter for patient attendees at Rajiv Gandhi General Hospital at Chennai. The women shelter is running for more than 10 years.

SHELTER HOME FOR WOMEN

Surabi Shelter Home seeks to provide a safe, secure and homely environment for the residents. We provide counselling services that seek to reunite separated couples and reconstruct broken homes. We also provide educational opportunities to children who have not had formal schooling. Surabi provides medical care for the inhabitants and those suffering from chronic illness are offered expert healthcare and medicines. Surabi has taken the initiative to seek and provide employment opportunities for the inhabitants.



IMPACT - 2023
175 Benefitted

SPECIAL SHELTER FOR PATIENT ATTENDEES

This special shelter is immensely help the patient attender as they could be near the patients and tends to their needs. And, this was a first of its kind facility that even many private hospitals could not boast off.



PONGAL



WOMEN's DAY



AYUDHA POOJA



OUR RESCUE EFFORTS

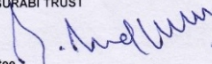
IMPACT - 2023
322 Benefitted


FINANCIALS AND OUR SUPPORTERS

BALANCE SHEET FOR THE YEAR 2022-23


LIABILITIES	Rs.p	Rs.p	ASSETS	Rs.p	Rs.p
CAPITAL ACCOUNT			FIXED ASSETS		
Trust Fund			- as per schedule		2558251.00
As in last year	6962656.54				
	<u>6962656.54</u>		ADVANCES & DEPOSITS		
ADD:- Excess of Expenditure			Rent Advances		518000.00
over Income	810254.46				
	<u>810254.46</u>	6152402.08	SUNDRY DEBTORS		
UNSECURED LOANS			Shelter Management Receivable	292695.00	
Meera Menon	100000.00		Swachta Action Plan	<u>1000.00</u>	
Satish	<u>25000.00</u>				293695.00
		125000.00	CASH & BANK BALANCES		
SUNDRY CREDITORS			- as per schedule		3311792.55
S.S Payable		404336.47			
		<u>6681738.55</u>			<u>6681738.55</u>

For **SURABI TRUST**

Trustee 



P. SURENDRAN
CHARTERED ACCOUNTANT
M.No 200560
DATE: 28th October 2023



INCOME & APPLICATION OF FUNDS FOR THE YEAR 2022-23

To Application:		By Contributions Received	3959207.50
Donations made for		By Interest Received	116423.00
Education	275772.00	By Excess of Expenditure over Income	810254.46
Relief of Poor	4020480.96		
	<u>4296252.96</u>		
To Rent	475100.00		
To Printing & Stationery	38166.00		
To Postage & Courier	15219.00		
To Telephone Expenses	19509.0		
To Advertisement Charges	2500.00		
To Professional Fees	9000.00		
To Audit Fees	25000.00		
To Insurance	720.00		
To Bank Charges	4418.00		
	<u><u>4865884.96</u></u>		<u><u>4865884.96</u></u>

For SURABI TRUST

Trustee

P. SURENDRAN
CHARTERED ACCOUNTANT
M.No 200560
DATE: 28th October 2023

CHENNAI-14
Membership No
200560
P. SURENDRAN, B.Sc., FCA
CHARTERED ACCOUNTANT

We are Thankful & Grateful to our consistent supporters



WOMEN EMPOWERMENT & OTHER NEW INITIATIVES

TAILORING AND ARI CLASSES FOR WOMEN

Surabi Skill Training Center @ Villivakkam, Chennai provides training in Cutting & Sewing. We undertake training programs in Fashion Designing, Ari Embroidery, Machine Embroidery and High speed machine Learning. This program is to bring women empowerment and the objective is to make women Learn & Earn on their own and to create women entrepreneurs.



IMPACT - 2023
32 Benefitted

NEW INITIATIVES in the year 2023.

AKSHAYA



SURABI CHARITABLE TRUST in associating with AAM Trust is distributing "ANNADANAM" nutritious lunch to the deserved poor senior citizen public at surabi premises every day.



NETRA

SURABI CHARITABLE TRUST in associating with M.K.VISION CARE has commenced on Vijayadasami day an eye care centre. This centre provides free screening for any person who walk in. M.K.Vision care is pioneers in eye testing and screening.





Passion to Serve

SURABI CHARITABLE TRUST

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